

# MEASLES: WHAT YOU NEED TO KNOW

## What is measles?

Measles is a highly contagious disease caused by the measles (rubeola) virus. It spreads easily when an infected person breathes, coughs or sneezes.

## How common is measles?

Measles is rare in Canada because so many people have been vaccinated against it. However, Manitoba is seeing an increased amount of measles. Anyone who is unvaccinated can still get measles.

## What are symptoms and complications?

Symptoms usually begin 10-14 days after being exposed. A prominent rash is the most visible symptom. Other symptoms include:

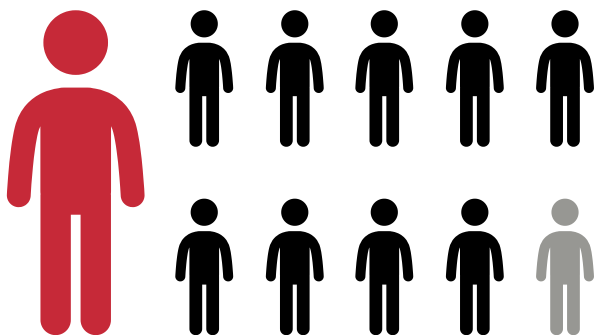
- Running nose
- Cough
- Red and watery eyes

## WHY SHOULD I CARE ABOUT MEASLES?

**Manitoba is continuing to see an increased amount of measles.**

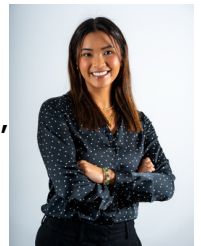
Measles can cause serious health issues like pneumonia, brain swelling, or long-term hearing problems. Protecting yourself with vaccination helps keep our whole community safer.

**Please note: Measles vaccines are not available at the pharmacy.** If you or your child needs the measles vaccine, please contact your family doctor or your local public health office for more information on how to get vaccinated.



Measles is highly contagious. If 1 person has it, **9 out of 10 people** of all ages around them will also become infected if they are not protected.

For more info, visit us at:  
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